

Children, Youth and Resilience

A Public Forum on Mental Health and Resilience in Children and Adolescents

Saturday, 28 August 2010, 1.30pm - 5pm

Raffles City Convention Centre, Sophia Room

Registration Fee: \$10

(Inclusive of refreshments and door gifts)

Limited seats! Please contact Ms Saleha Othman at
saleha_othman@imh.com.sg or **6389 3642** to register
(Mon-Fri, 9am to 5pm)

Registration closing date: 20 August 2010

Topics and Speakers

Opening Address

By A/Prof Chong Siow Ann, Senior Consultant Psychiatrist,
Vice Chairman Medical Board (Research), Institute of Mental Health

How to help Children cope with Stress

By A/Prof Daniel Fung, Senior Consultant Psychiatrist,
Vice Chairman Medical Board (Clinical Quality), Institute of Mental Health

The Resilience Doughnut

By Ms Lyn Worsley, Clinical Psychologist, Registered Nurse,
Child, Adolescent and Family Therapist, Director of Alpha Counseling Services

Registration for Children, Youth and Resilience

Applicant particulars

Name (Mr/Mrs/Mdm/Ms): _____

Address: _____

Email: _____ Telephone: _____

Cash Cheque No: _____ (Crossed and made payable to: Institute of Mental Health)

Please mail cheque and registration form to:

Research Division, Institute of Mental Health, Buangkok Green Medical Park,
10 Buangkok View, Singapore 539747 (Attention to: Ms Saleha Othman)