

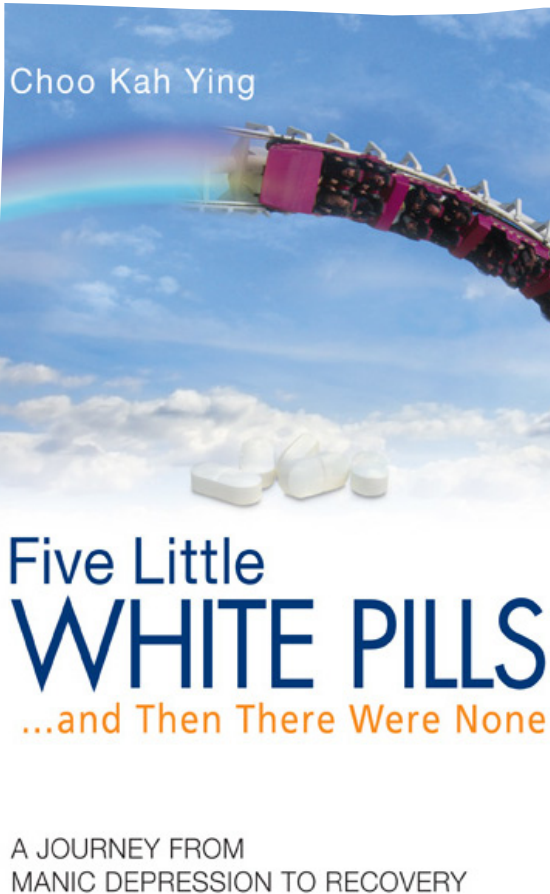
Free talk: Sat 7.11.2009, 2.30 to 4 pm

Teck Ghee Zone 'F', RC KTV Room, Blk 344, AMK Avenue 3

# Splintered beauty

From manic depression to recovery

A one-hour talk with a 30-minute Q&A session.



Join Choo Kah Ying, author of *Five Little White Pills... and Then There Were None* as she talks about her personal struggle and triumph over manic depression.

Autographed copies of the book will be available for sale at \$16.00/each (no GST charged)

Formerly an academic researcher in the U.S., Choo Kah Ying is a writer/educator and a homeschooler of Sebastien, her autistic son.

For more information about her, go to her Website:  
[www.awakeningminds.sg](http://www.awakeningminds.sg)



## To register:

phone: 8163-4509

email: [choo.kahying@awakeningminds.sg](mailto:choo.kahying@awakeningminds.sg)

or at the Teck Ghee Zone 'F' RC office (8 pm-10pm)