

# ART of MIND

In commemoration of World Mental Health Day 2009, 3 leading mental health organisations – Silver Ribbon (Singapore), Singapore Association for Mental Health, and Institute of Mental Health, have joined effort to organise “Art of Mind”, a programming showcase to challenge the stigma surrounding mental illness and promote social inclusion of people with mental health problems. Participating artists include Mr Daren Lauchengco, Ms Mavis Hee, and clients of Singapore Association for Mental Health & Institute of Mental Health.

Stigma by Daren Lauchengco 25 May 2007



**Date :** Saturday and Sunday,  
17 and 18 October 2009

**Venue :** SAM Glass Hall

**Time :** 10:00 am to 6:00 pm

**Fees :** Free

For more information, please email to  
[info@silverribbonsingapore.com](mailto:info@silverribbonsingapore.com)

Silver Ribbon (Singapore) is a partner of Singapore Art Museum.

The following talks will be held at the SAM Glass Hall.

Date/Time	11:00 am to 12:00 noon	2:00 pm to 2:30 pm	3:00 pm to 3:30 pm
Saturday, 17 Oct 09	Understanding Mental Wellness	Artist's Sharing	Introduction to Art Therapy
Sunday, 18 Oct 09	Understanding Youth Mental Health	Artist's Sharing	Q&A About Mental Wellness

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