

# REGISTRATION FORM

Please register me for the  
“**Suicide Intervention Workshop**”  
on 7-8 September 2009 (Mon-Tue)

Name in full: \_\_\_\_\_

NRIC: \_\_\_\_\_ Gender: M / F

Job Title: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Office No.: \_\_\_\_\_

Mobile No.: \_\_\_\_\_

E-mail: \_\_\_\_\_

I include my registration fee of (please tick one):

\$320 (by 31 July 2009)

\$370 (between 1 and 14 August 2009)

Cheque No.: \_\_\_\_\_

Bank: \_\_\_\_\_

Cheques should be made payable to  
“**Samaritans of Singapore**”



## SUICIDE INTERVENTION WORKSHOP (SIW)

*For social service & other relevant professionals working with clients at risk of suicide*



Samaritans of Singapore  
Blk 10 Cantonment Close #01-01  
Singapore 080010  
Phone: 6221 2122  
Fax: 6220 7758  
Email: samlink@samaritans.org.sg  
Website: www.samaritans.org.sg

**7 - 8 September 2009**  
**Monday - Tuesday**  
**9am to 5pm**



# ABOUT THE WORKSHOP

Everyday, at least 1 person in Singapore dies by suicide. At Samaritans of Singapore (SOS), we believe that suicide prevention is everybody's business.

As part of the Suicide Awareness Week 2009, we will be conducting the Suicide Intervention Workshop to raise awareness and train care-giving professionals to assist clients at risk of suicide.

This workshop will help participants:

- Explore their attitudes and beliefs towards suicide.
- Learn about the suicide situation in Singapore.
- Empathise with a suicidal person.
- Develop skills in assessing suicide risk.
- Develop skills and confidence in intervention.
- Understand the importance of self care and know about community resources.

## Methodology

The workshop comprises short lectures, video clips, role plays, small group discussions and exercises. It will be conducted by trained SOS practitioners with local hands-on experience.

## Target Participants

Counsellors, social workers and other relevant professionals working with clients at risk of suicide.

**Class Size:** 20 - 30 participants

## VWO Capability Fund (VCF)

Participants may wish to separately contact NCSS at telephone 6210 2500 to enquire.

# PROGRAMME

## Day One

- Introduction, Attitudes, Myths & Facts
- Suicide in Singapore
- Defining & Understanding Suicide
- Asking & Talking About Suicide
- Suicide Risk Assessment

## Day Two

- SOS Suicide Intervention Model
- Simulations of Suicidal Situations
- Small Group Skills Practice
- Community Resources & Self Care

## Participants' Feedback

*"Thanks to all trainers for their excellent effort and professionalism." - 18 Sep 2008*

*"It's not only the content that was great, the passion of each trainer was greatly felt. Thank you for being specialists in this area." - 16 Sep 2008*

*"I am very impressed by the high level of professionalism shown and information given by the trainers. I felt heard and had many opportunities to clarify my thoughts. I gained so much from the simulated role play." - 16 Sep 2008*

*"Excellent rapport between trainers and participants. Creative environment.." - 26 Sep 2007*



# REGISTRATION DETAILS

## Workshop Fees

(Includes handouts, two tea breaks per day and a copy of the book "Why? When Both My Parents Took Their Lives" written by a local survivor.)

**\$320**— per participant for registration with payment received by 31 July 2009

(Early Registration Offer).

**\$370**— per participant for registration with payment received between 1 and 14 August 2009.

**Closing Date: 14 August 2009 (Friday)**

## Registration

Please send registration form with cheque to:

Samaritans of Singapore  
Blk 10, Cantonment Close, #01-01  
Singapore 080010

Registration can only be confirmed upon receipt of payment.

## Withdrawal

All withdrawals must be made in writing. 50% refund for withdrawals made before the closing date. No refunds for withdrawals made after the closing date.

## Enquiries

Please contact:

Leow Yong Fatt, Social Worker - 6307 9303,  
yongfatt@samaritans.org.sg.