

MENTAL HEALTH PUBLIC FORUM

MY _____ HAS MENTAL ILLNESS

4 April 2009 (Saturday), 2pm – 3pm

Toa Payoh Public Library, Multi-purpose Room @ Level 2

Open to Public (Limited seats! Registration is required

@ 6386 1928 or info@silverribbonsingapore.com)

Speaker – Mr Raymond Anthony Fernando

His talk will cover his wife's 30-year battle with depression and Schizophrenia, the trials and tribulations of their courtship and 30-year marriage and his wife's miraculous recovery that has enabled her to become an author of 4 books; 3 of which are bestsellers. The talk will also provide an insightful peek into caring for a loved one stricken with mental illness. Mr Raymond will also provide useful caregiver tips in managing loved ones with mental illnesses and what are the warning signs that people, including supervisors, caregivers, retirees, office colleagues, students, parents, employers, employees, volunteers and even a layman need to look out for in helping someone cope with Schizophrenia – said to be the most severe mental disorder.

Main Organiser



Silver Ribbon
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Venue Sponsor



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10 mystery gifts and one \$50 NTUC voucher to be won for attending this meaningful event!