

## FORUM ON HELPING YOUTH WITH AN “AT RISK MENTAL STATE “

- **Detecting early warning signs.**
- **Services available in Singapore (SWAP Clinic)**
- **Sharing from overseas visiting experts.**

**22 February 2008 (Friday), 9.00am – 12.30pm**

Lecture Hall, Institute of Mental Health/Woodbridge Hospital

PROGRAMME		DURATION	SPEAKER
9.00 am	Registration		
9.30 am	Welcome Address	15mins	Dr Swapna Verma, Consultant, Chief, EPIP Institute of Mental Health
9.45am	* What is ARMS? * Experience from PACE clinic, Melbourne.	45mins	Dr Alison Ruth Yung, Associate Professor, Department of Psychiatry, University of Melbourne and Principal Research Fellow, ORYGEN Research Centre, Consultant Psychiatrist ORYGEN Youth health, Director, PACE Clinic, Melbourne, Australia
10.30 am	Tea Break	15mins	
10.45am	* How can I help my client with ARMS? * Sharing of a Case Study	45mins	Dr Shona Francey, Senior Clinical Psychologist, Clinical Co-ordinator/Research fellow with PACE Clinic, ORYGEN Youth Health, Department of Psychiatry, University of Melbourne , Australia
11.30	Setting up a service in S'pore - SWAP	15mins	Dr Swapna Verma, Consultant, Chief, EPIP Institute of Mental Health
11.45am	Questions & Answers	30mins	Dr Swapna, Dr Alison, Dr Shona
12.15pm	Lunch & End of Session		

**Registration Fee is at \$10 per person. Pre-registration is required as places are limited.**

\*Crossed cheque made payable to "Institute of Mental Health" and mail it to:

Gina Teo

Institute of Mental Health

Buangkok Green Medical Park, 10 Buangkok View, Singapore 539747

Please write your name and contact number on the reverse side of the cheque. *Please do not send cash.*

Enquiries/Registration: **6389 2823/2833**    **Fax: 6389 2834**    **Email: mhe@imh.com.sg**

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